



12. Silbersee Triathlon Stuhr

31. Juli 2005

Ergebnis M / W - Altersklassen

Volkstriathlon (0,6 / 26 / 6)

Volkstriathlon TM-12

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein | Nat. | Schw. | Pos | Rad | Pos | Sch+Rad | Pos | Lauf | Pos | Ziel | Pos | Endzeit | Pos |
|-----|------|----------|---------|---------|------|-------------|------|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|
| 1 | 202 | 01:41:11 | Meiners | Till | 1992 | TSV Barrien | | 00:11:31 | 1 | 00:50:52 | 1 | 01:02:24 | 1 | 00:38:46 | 1 | 01:41:11 | 110 | 01:41:11 | 1 |

Volkstriathlon TM-14

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein | Nat. | Schw. | Pos | Rad | Pos | Sch+Rad | Pos | Lauf | Pos | Ziel | Pos | Endzeit | Pos |
|-----|------|----------|------------|---------|------|----------------------------|------|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|
| 1 | 237 | 01:31:03 | Wiese | Nils | 1990 | Bremer Schwimm-Club v.1885 | | 00:07:29 | 1 | 00:48:53 | 1 | 00:56:22 | 1 | 00:34:41 | 1 | 01:31:03 | 64 | 01:31:03 | 1 |
| 2 | 151 | 01:44:07 | Ammersilge | Daniel | 1990 | SF Niederwenigern | | 00:15:29 | 2 | 00:53:39 | 2 | 01:09:09 | 2 | 00:34:57 | 2 | 01:44:07 | 119 | 01:44:07 | 2 |

Volkstriathlon TM-16

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein | Nat. | Schw. | Pos | Rad | Pos | Sch+Rad | Pos | Lauf | Pos | Ziel | Pos | Endzeit | Pos |
|-----|------|----------|-------|---------|------|--------------|------|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|
| 1 | 184 | 01:35:01 | Kahle | Olliver | 1989 | Holtorfer SV | | 00:08:53 | 1 | 00:49:41 | 1 | 00:58:35 | 1 | 00:36:25 | 1 | 01:35:01 | 77 | 01:35:01 | 1 |

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Ergebnis M / W - Altersklassen

Volkstriathlon (0,6 / 26 / 6)

Volkstriathlon TM-20

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein | Nat. | Schw. | Pos | Rad | Pos | Sch+Rad | Pos | Lauf | Pos | Ziel | Pos | Endzeit | Pos |
|-----|------|----------|-------------|-----------|------|----------------------------|---------|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|
| 1 | 213 | 01:17:51 | Petereit | Simon | 1981 | Bremer RV v. 1882 | | 00:07:50 | 2 | 00:41:58 | 1 | 00:49:49 | 1 | 00:28:02 | 3 | 01:17:51 | 2 | 01:17:51 | 1 |
| 2 | 162 | 01:20:00 | Dannhauer | Sören | 1983 | Bremer RV v. 1882 | | 00:10:34 | 8 | 00:43:07 | 2 | 00:53:41 | 2 | 00:26:19 | 2 | 01:20:00 | 6 | 01:20:00 | 2 |
| 3 | 201 | 01:25:04 | Malcharek | Frank | 1981 | Farmsener TV | | 00:09:49 | 5 | 00:46:52 | 4 | 00:56:41 | 5 | 00:28:22 | 4 | 01:25:04 | 25 | 01:25:04 | 3 |
| 4 | 220 | 01:26:22 | Schaffarzyk | Tim | 1983 | Delmenhorster SV 1905 | | 00:07:57 | 3 | 00:46:53 | 5 | 00:54:50 | 3 | 00:31:32 | 8 | 01:26:22 | 33 | 01:26:22 | 4 |
| 5 | 182 | 01:27:19 | Hunold | Christian | 1982 | Uni Triathlöwen Bremen | | 00:10:00 | 6 | 00:48:40 | 7 | 00:58:41 | 7 | 00:28:38 | 5 | 01:27:19 | 38 | 01:27:19 | 5 |
| 6 | 216 | 01:28:14 | Remmers | Hillard | 1984 | Schwimmverein Wildeshausen | | 00:09:00 | 4 | 00:48:53 | 8 | 00:57:54 | 6 | 00:30:20 | 6 | 01:28:14 | 44 | 01:28:14 | 6 |
| 7 | 196 | 01:29:55 | Lawendel | Mario | 1983 | Brinkum Blizzards | | 00:10:03 | 7 | 00:45:19 | 3 | 00:55:23 | 4 | 00:34:32 | 9 | 01:29:55 | 56 | 01:29:55 | 7 |
| 8 | 221 | 01:30:31 | Schindler | Maik | 1984 | | | 00:11:35 | 9 | 00:47:29 | 6 | 00:59:05 | 8 | 00:31:25 | 7 | 01:30:31 | 57 | 01:30:31 | 8 |
| 9 | 229 | 01:38:09 | Weilandt | Tim | 1982 | | GER-BRE | 00:06:55 | 1 | 01:05:38 | 9 | 01:12:33 | 9 | 00:25:36 | 1 | 01:38:09 | 90 | 01:38:09 | 9 |

Volkstriathlon TM-25

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein | Nat. | Schw. | Pos | Rad | Pos | Sch+Rad | Pos | Lauf | Pos | Ziel | Pos | Endzeit | Pos |
|-----|------|----------|--------------|---------|------|------------------------------|---------|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|
| 1 | 231 | 01:15:26 | Stoll | Thomas | 1976 | Bremer RV v. 1882 | | 00:08:25 | 2 | 00:41:33 | 1 | 00:49:58 | 1 | 00:25:27 | 2 | 01:15:26 | 1 | 01:15:26 | 1 |
| 2 | 210 | 01:20:04 | Ording | Peter | 1976 | Bremer RV v. 1882 | | 00:10:34 | 6 | 00:44:57 | 4 | 00:55:32 | 5 | 00:24:31 | 1 | 01:20:04 | 7 | 01:20:04 | 2 |
| 3 | 235 | 01:24:31 | Weiser | Ronny | 1979 | TuS Blau-Weiß Lohne | | 00:07:55 | 1 | 00:46:38 | 5 | 00:54:34 | 2 | 00:29:57 | 5 | 01:24:31 | 23 | 01:24:31 | 3 |
| 4 | 243 | 01:24:35 | Wolckenhauer | Dennis | 1980 | Radkurier Spint Logistik | GER-BRE | 00:10:51 | 7 | 00:43:58 | 2 | 00:54:49 | 3 | 00:29:46 | 4 | 01:24:35 | 24 | 01:24:35 | 4 |
| 5 | 199 | 01:26:09 | Lobsien | Marcel | 1976 | | | 00:10:18 | 4 | 00:44:48 | 3 | 00:55:07 | 4 | 00:31:02 | 9 | 01:26:09 | 30 | 01:26:09 | 5 |
| 6 | 241 | 01:27:00 | Pupkes | Hendrik | 1980 | VTB Varel Triathlon | | 00:08:27 | 3 | 00:48:05 | 8 | 00:56:33 | 6 | 00:30:27 | 6 | 01:27:00 | 37 | 01:27:00 | 6 |
| 7 | 238 | 01:27:46 | Wohlfrohm | Björn | 1978 | Tri Syke | | 00:10:22 | 5 | 00:46:51 | 6 | 00:57:14 | 7 | 00:30:31 | 7 | 01:27:46 | 41 | 01:27:46 | 7 |
| 8 | 9 | 01:32:46 | Bierstedt | Axel | 1980 | G.S.T.V. Tritanium Groningen | | 00:18:54 | 11 | 00:47:10 | 7 | 01:06:05 | 11 | 00:26:41 | 3 | 01:32:46 | 72 | 01:32:46 | 8 |
| 9 | 189 | 01:35:12 | Konarski | Holger | 1980 | | | 00:11:27 | 8 | 00:53:04 | 11 | 01:04:32 | 10 | 00:30:39 | 8 | 01:35:12 | 79 | 01:35:12 | 9 |
| 10 | 251 | 01:38:11 | Simon | Arno | 1978 | | GER-NIE | 00:13:13 | 10 | 00:51:14 | 9 | 01:04:28 | 9 | 00:33:43 | 10 | 01:38:11 | 91 | 01:38:11 | 10 |

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Ergebnis M / W - Altersklassen

Volkstriathlon (0,6 / 26 / 6)

Volkstriathlon TM-25

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein | Nat. | Schwi. | Pos | Rad | Pos | Sch+Rad | Pos | Lauf | Pos | Ziel | Pos | Endzeit | Pos |
|-----|------|----------|-------|---------|------|--------------------|------|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|
| 11 | 203 | 01:39:27 | Meyer | Lars | 1976 | DSW 1912 Darmstadt | | 00:11:33 | 9 | 00:52:49 | 10 | 01:04:22 | 8 | 00:35:04 | 11 | 01:39:27 | 95 | 01:39:27 | 11 |

Volkstriathlon TM-30

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein | Nat. | Schwi. | Pos | Rad | Pos | Sch+Rad | Pos | Lauf | Pos | Ziel | Pos | Endzeit | Pos |
|-----|------|----------|------------|-----------|------|---------------------------|---------|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|
| 1 | 158 | 01:19:22 | Böhmann | Andreas | 1975 | | | 00:09:40 | 4 | 00:43:25 | 2 | 00:53:06 | 2 | 00:26:16 | 1 | 01:19:22 | 4 | 01:19:22 | 1 |
| 2 | 227 | 01:19:46 | Schultchen | Olaf | 1972 | Schwarze Wampe Wandsbek | | 00:08:47 | 2 | 00:41:53 | 1 | 00:50:40 | 1 | 00:29:05 | 5 | 01:19:46 | 5 | 01:19:46 | 2 |
| 3 | 157 | 01:22:34 | Bienert | Lars | 1975 | TSR Olympia Wilhelmshaven | | 00:10:19 | 6 | 00:45:40 | 3 | 00:55:59 | 4 | 00:26:35 | 2 | 01:22:34 | 15 | 01:22:34 | 3 |
| 4 | 249 | 01:26:15 | Burkhardt | Jürgen | 1975 | TSG Westerstede | GER-NIE | 00:09:14 | 3 | 00:45:57 | 4 | 00:55:11 | 3 | 00:31:03 | 7 | 01:26:15 | 31 | 01:26:15 | 4 |
| 5 | 212 | 01:27:21 | Otten | Stephan | 1974 | TUS Tarmstedt | | 00:13:04 | 17 | 00:46:39 | 6 | 00:59:43 | 8 | 00:27:38 | 3 | 01:27:21 | 39 | 01:27:21 | 5 |
| 6 | 198 | 01:28:12 | Lippitz | Clemens | 1972 | | | 00:10:51 | 10 | 00:46:20 | 5 | 00:57:11 | 5 | 00:31:01 | 6 | 01:28:12 | 43 | 01:28:12 | 6 |
| 7 | 246 | 01:29:04 | Burchard | Alexander | 1973 | | | 00:08:28 | 1 | 00:49:23 | 10 | 00:57:52 | 7 | 00:31:12 | 8 | 01:29:04 | 45 | 01:29:04 | 7 |
| 8 | 165 | 01:29:55 | Engelmann | Niels | 1974 | Brinkum Blizzards | | 00:10:50 | 9 | 00:46:44 | 7 | 00:57:34 | 6 | 00:32:20 | 10 | 01:29:55 | 55 | 01:29:55 | 8 |
| 9 | 175 | 01:32:19 | Gomolka | Lars | 1971 | | | 00:12:19 | 15 | 00:47:56 | 8 | 01:00:15 | 9 | 00:32:03 | 9 | 01:32:19 | 70 | 01:32:19 | 9 |
| 10 | 211 | 01:35:35 | Ossadnik | Rouven | 1972 | | | 00:12:33 | 16 | 00:54:59 | 16 | 01:07:33 | 16 | 00:28:01 | 4 | 01:35:35 | 81 | 01:35:35 | 10 |
| 11 | 177 | 01:37:10 | Haar | Andreas | 1974 | | | 00:11:23 | 12 | 00:49:17 | 9 | 01:00:40 | 10 | 00:36:29 | 16 | 01:37:10 | 86 | 01:37:10 | 11 |
| 12 | 179 | 01:37:51 | Heine | Alex | 1971 | DLRG OG Stuhr | | 00:10:46 | 8 | 00:52:49 | 13 | 01:03:35 | 12 | 00:34:15 | 11 | 01:37:51 | 88 | 01:37:51 | 12 |
| 13 | 167 | 01:40:06 | Ernst | Jan | 1974 | GSC Bremerhaven | | 00:14:45 | 19 | 00:50:47 | 11 | 01:05:33 | 14 | 00:34:32 | 12 | 01:40:06 | 104 | 01:40:06 | 13 |
| 14 | 156 | 01:40:49 | Bestian | Jens | 1972 | SV Rapid Unilever | | 00:12:09 | 14 | 00:51:12 | 12 | 01:03:21 | 11 | 00:37:27 | 17 | 01:40:49 | 109 | 01:40:49 | 14 |
| 15 | 234 | 01:42:12 | Theelen | Ralf | 1972 | -Brinkum | | 00:10:21 | 7 | 00:55:30 | 17 | 01:05:51 | 15 | 00:36:21 | 15 | 01:42:12 | 112 | 01:42:12 | 15 |
| 16 | 185 | 01:43:14 | Kallage | Jens | 1974 | BV Garrel | | 00:13:11 | 18 | 00:54:43 | 15 | 01:07:55 | 17 | 00:35:19 | 14 | 01:43:14 | 116 | 01:43:14 | 16 |
| 17 | 155 | 01:43:24 | Behrens | André | 1974 | BV Garrel | | 00:09:57 | 5 | 00:58:16 | 18 | 01:08:13 | 18 | 00:35:11 | 13 | 01:43:24 | 118 | 01:43:24 | 17 |
| 18 | 226 | 01:44:14 | Schroiff | Markus | 1971 | | | 00:11:55 | 13 | 00:52:54 | 14 | 01:04:50 | 13 | 00:39:24 | 18 | 01:44:14 | 120 | 01:44:14 | 18 |

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Ergebnis M / W - Altersklassen

Volkstriathlon (0,6 / 26 / 6)

Volkstriathlon TM-30

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein | Nat. | Schwi. | Pos | Rad | Pos | Sch+Rad | Pos | Lauf | Pos | Ziel | Pos | Endzeit | Pos |
|-----|------|----------|--------|---------|------|--------|------|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|
| 19 | 159 | 01:53:49 | Börsch | Daniel | 1975 | | | 00:11:19 | 11 | 01:00:51 | 19 | 01:12:11 | 19 | 00:41:38 | 19 | 01:53:49 | 129 | 01:53:49 | 19 |

Volkstriathlon TM-35

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein | Nat. | Schwi. | Pos | Rad | Pos | Sch+Rad | Pos | Lauf | Pos | Ziel | Pos | Endzeit | Pos |
|-----|------|----------|------------|-----------|------|----------------|---------|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|
| 1 | 194 | 01:18:41 | Krumsieg | René | 1968 | | | 00:07:48 | 1 | 00:41:23 | 1 | 00:49:12 | 1 | 00:29:29 | 5 | 01:18:41 | 3 | 01:18:41 | 1 |
| 2 | 250 | 01:21:13 | Bosak | Andreas | 1968 | | GER-NIE | 00:09:47 | 5 | 00:43:08 | 3 | 00:52:56 | 2 | 00:28:16 | 3 | 01:21:13 | 11 | 01:21:13 | 2 |
| 3 | 253 | 01:22:31 | Sievers | Dirk | 1969 | Tri Syke | GER-BRE | 00:10:17 | 8 | 00:42:49 | 2 | 00:53:07 | 3 | 00:29:24 | 4 | 01:22:31 | 14 | 01:22:31 | 3 |
| 4 | 240 | 01:23:14 | Teipen | Bernd | 1966 | DLRG Saterland | | 00:10:03 | 6 | 00:45:19 | 6 | 00:55:22 | 4 | 00:27:51 | 2 | 01:23:14 | 17 | 01:23:14 | 4 |
| 5 | 214 | 01:26:29 | Pokall | Jochen | 1966 | | | 00:10:48 | 12 | 00:49:31 | 13 | 01:00:19 | 13 | 00:26:09 | 1 | 01:26:29 | 34 | 01:26:29 | 5 |
| 6 | 209 | 01:27:37 | Oltmanns | Peter | 1970 | | | 00:10:56 | 14 | 00:44:57 | 4 | 00:55:53 | 5 | 00:31:43 | 8 | 01:27:37 | 40 | 01:27:37 | 6 |
| 7 | 244 | 01:29:06 | Göhnke | Jens | 1970 | | GER-BRE | 00:09:28 | 3 | 00:47:22 | 10 | 00:56:50 | 9 | 00:32:15 | 9 | 01:29:06 | 46 | 01:29:06 | 7 |
| 8 | 247 | 01:29:12 | Richter | Jürgen | 1968 | | | 00:10:11 | 7 | 00:46:22 | 8 | 00:56:34 | 7 | 00:32:37 | 10 | 01:29:12 | 49 | 01:29:12 | 8 |
| 9 | 224 | 01:29:23 | Schreyer | Marcus | 1967 | | | 00:08:26 | 2 | 00:48:16 | 12 | 00:56:43 | 8 | 00:32:40 | 11 | 01:29:23 | 50 | 01:29:23 | 9 |
| 10 | 164 | 01:29:34 | Elbert | Dirk | 1968 | | | 00:10:55 | 13 | 00:45:02 | 5 | 00:55:57 | 6 | 00:33:36 | 12 | 01:29:34 | 54 | 01:29:34 | 10 |
| 11 | 190 | 01:30:49 | Kratz | Carsten | 1967 | | | 00:09:44 | 4 | 00:47:24 | 11 | 00:57:08 | 12 | 00:33:41 | 13 | 01:30:49 | 62 | 01:30:49 | 11 |
| 12 | 166 | 01:30:58 | Erlewein | Christian | 1969 | | | 00:11:18 | 16 | 00:49:39 | 14 | 01:00:57 | 14 | 00:30:00 | 7 | 01:30:58 | 63 | 01:30:58 | 12 |
| 13 | 200 | 01:32:00 | Lüttge | Marcus | 1966 | | | 00:10:23 | 9 | 00:46:28 | 9 | 00:56:52 | 10 | 00:35:08 | 15 | 01:32:00 | 66 | 01:32:00 | 13 |
| 14 | 207 | 01:32:11 | Nagel | Jens | 1968 | | | 00:12:34 | 18 | 00:49:48 | 15 | 01:02:22 | 16 | 00:29:48 | 6 | 01:32:11 | 68 | 01:32:11 | 14 |
| 15 | 180 | 01:34:18 | Hemken | Ralf | 1969 | PHYSIO HB-Nord | | 00:11:02 | 15 | 00:46:02 | 7 | 00:57:04 | 11 | 00:37:13 | 17 | 01:34:18 | 74 | 01:34:18 | 15 |
| 16 | 187 | 01:37:58 | Kappelmann | Sven | 1967 | | | 00:10:44 | 11 | 00:52:56 | 19 | 01:03:40 | 19 | 00:34:17 | 14 | 01:37:58 | 89 | 01:37:58 | 16 |
| 17 | 178 | 01:39:35 | Haberl | Frank | 1967 | LC Hansa Stuhr | | 00:10:40 | 10 | 00:50:43 | 18 | 01:01:23 | 15 | 00:38:11 | 19 | 01:39:35 | 96 | 01:39:35 | 17 |
| 18 | 228 | 01:39:54 | Schulz | Thomas | 1966 | FC St. Pauli | | 00:12:12 | 17 | 00:50:37 | 17 | 01:02:49 | 17 | 00:37:04 | 16 | 01:39:54 | 102 | 01:39:54 | 18 |

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Ergebnis M / W - Altersklassen

Volkstriathlon (0,6 / 26 / 6)

Volkstriathlon TM-35

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein | Nat. | Schw. | Pos | Rad | Pos | Sch+Rad | Pos | Lauf | Pos | Ziel | Pos | Endzeit | Pos |
|-----|------|----------|------------|-----------|------|-------------------|------|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|
| 19 | 161 | 01:40:46 | Bösselmann | Andreas | 1969 | Brinkum Blizzards | | 00:13:00 | 20 | 00:50:20 | 16 | 01:03:20 | 18 | 00:37:25 | 18 | 01:40:46 | 108 | 01:40:46 | 19 |
| 20 | 218 | 01:49:33 | Rolappe | Ernst | 1967 | | | 00:12:43 | 19 | 00:55:15 | 21 | 01:07:58 | 20 | 00:41:34 | 21 | 01:49:33 | 125 | 01:49:33 | 20 |
| 21 | 222 | 01:51:20 | Schnake | Michael | 1967 | SV Schnathorst | | 00:15:15 | 21 | 00:57:24 | 22 | 01:12:39 | 22 | 00:38:41 | 20 | 01:51:20 | 126 | 01:51:20 | 21 |
| 22 | 168 | 01:53:44 | Förster | Siegfried | 1966 | | | 00:17:51 | 22 | 00:52:57 | 20 | 01:10:49 | 21 | 00:42:55 | 22 | 01:53:44 | 128 | 01:53:44 | 22 |

Volkstriathlon TM-40

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein | Nat. | Schw. | Pos | Rad | Pos | Sch+Rad | Pos | Lauf | Pos | Ziel | Pos | Endzeit | Pos |
|-----|------|----------|------------|-----------|------|------------------------|------|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|
| 1 | 225 | 01:20:41 | Schröder | Rainer | 1965 | SV Hepstedt/Breddorf | | 00:09:53 | 8 | 00:45:18 | 3 | 00:55:12 | 4 | 00:25:29 | 1 | 01:20:41 | 9 | 01:20:41 | 1 |
| 2 | 173 | 01:20:58 | Glanert | Thomas | 1963 | RT TuSV Stellichte | | 00:10:33 | 13 | 00:43:31 | 1 | 00:54:04 | 1 | 00:26:53 | 3 | 01:20:58 | 10 | 01:20:58 | 2 |
| 3 | 174 | 01:21:47 | Göbel | Jens | 1963 | | | 00:09:51 | 7 | 00:45:34 | 5 | 00:55:26 | 6 | 00:26:20 | 2 | 01:21:47 | 12 | 01:21:47 | 3 |
| 4 | 170 | 01:22:38 | Friebe | Klaus | 1963 | | | 00:09:26 | 5 | 00:45:59 | 8 | 00:55:25 | 5 | 00:27:13 | 4 | 01:22:38 | 16 | 01:22:38 | 4 |
| 5 | 208 | 01:23:18 | Nelke | Markus | 1965 | Flower Power Oldenburg | | | | | | 00:54:48 | 3 | 00:28:29 | 6 | 01:23:18 | 18 | 01:23:18 | 5 |
| 6 | 252 | 01:24:03 | Hoffmann | Frank | 1963 | TV Stuhr | GER- | 00:08:45 | 2 | 00:46:52 | 12 | 00:55:37 | 7 | 00:28:26 | 5 | 01:24:03 | 21 | 01:24:03 | 6 |
| 7 | 254 | 01:24:15 | Gies | Thorsten | 1962 | | | 00:10:28 | 12 | 00:44:01 | 2 | 00:54:29 | 2 | 00:29:45 | 10 | 01:24:15 | 22 | 01:24:15 | 7 |
| 8 | 206 | 01:26:00 | Müller | Jörg | 1965 | LC Hansa Stuhr | | 00:10:51 | 14 | 00:45:55 | 6 | 00:56:46 | 10 | 00:29:14 | 7 | 01:26:00 | 28 | 01:26:00 | 8 |
| 9 | 219 | 01:26:02 | Rolf | Christian | 1961 | | | 00:10:25 | 11 | 00:46:06 | 9 | 00:56:32 | 8 | 00:29:29 | 9 | 01:26:02 | 29 | 01:26:02 | 9 |
| 10 | 236 | 01:26:33 | Westerhold | Frank | 1965 | | | 00:10:20 | 10 | 00:46:17 | 10 | 00:56:37 | 9 | 00:29:56 | 12 | 01:26:33 | 35 | 01:26:33 | 10 |
| 11 | 192 | 01:27:51 | Kraus | Jürgen | 1962 | | | 00:08:40 | 1 | 00:48:43 | 14 | 00:57:23 | 15 | 00:30:28 | 13 | 01:27:51 | 42 | 01:27:51 | 11 |
| 12 | 169 | 01:29:07 | Franke | Andreas | 1961 | SC Weyhe | | 00:11:32 | 21 | 00:45:21 | 4 | 00:56:53 | 12 | 00:32:13 | 18 | 01:29:07 | 47 | 01:29:07 | 12 |
| 13 | 248 | 01:29:24 | Hinz | Sönke | 1963 | | | 00:09:13 | 4 | 00:47:52 | 13 | 00:57:05 | 14 | 00:32:18 | 19 | 01:29:24 | 51 | 01:29:24 | 13 |
| 14 | 153 | 01:29:25 | Bargfeldt | Udo | 1962 | | | 00:09:02 | 3 | 00:49:07 | 15 | 00:58:09 | 16 | 00:31:15 | 15 | 01:29:25 | 52 | 01:29:25 | 14 |
| 15 | 186 | 01:30:33 | Kammeier | Thorsten | 1961 | Uni Triathlönw Bremen | | 00:09:50 | 6 | 00:50:51 | 17 | 01:00:42 | 18 | 00:29:50 | 11 | 01:30:33 | 58 | 01:30:33 | 15 |

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Ergebnis M / W - Altersklassen

Volkstriathlon (0,6 / 26 / 6)

Volkstriathlon TM-40

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein | Nat. | Schwi. | Pos | Rad | Pos | Sch+Rad | Pos | Lauf | Pos | Ziel | Pos | Endzeit | Pos |
|-----|------|----------|---------------|--------------|------|-----------------------|---------|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|
| 16 | 205 | 01:30:36 | Mösta | Frank | 1962 | Triathlon Club Bremen | | 00:10:16 | 9 | 00:46:42 | 11 | 00:56:58 | 13 | 00:33:38 | 22 | 01:30:36 | 60 | 01:30:36 | 16 |
| 17 | 204 | 01:30:37 | Milde | Thomas | 1962 | | | 00:10:57 | 15 | 00:45:55 | 7 | 00:56:53 | 11 | 00:33:44 | 23 | 01:30:37 | 61 | 01:30:37 | 17 |
| 18 | 215 | 01:31:26 | Radl | Norbert | 1961 | TSV Embsen | | 00:10:58 | 16 | 00:49:12 | 16 | 01:00:11 | 17 | 00:31:14 | 14 | 01:31:26 | 65 | 01:31:26 | 18 |
| 19 | 255 | 01:32:16 | Sudmann | Uwe | 1964 | | GER-BRE | 00:11:26 | 20 | 00:51:24 | 19 | 01:02:51 | 19 | 00:29:24 | 8 | 01:32:16 | 69 | 01:32:16 | 19 |
| 20 | 195 | 01:35:09 | Lassen | Kay | 1961 | | | 00:11:22 | 18 | 00:51:46 | 20 | 01:03:09 | 20 | 00:31:59 | 17 | 01:35:09 | 78 | 01:35:09 | 20 |
| 21 | 245 | 01:36:25 | Alpmann | Christoph | 1962 | | | 00:11:24 | 19 | 00:52:30 | 22 | 01:03:54 | 22 | 00:32:30 | 20 | 01:36:25 | 83 | 01:36:25 | 21 |
| 22 | 154 | 01:36:35 | Behnken-Mross | Jens | 1963 | TSV St.-Jürgen | | 00:12:41 | 23 | 00:50:52 | 18 | 01:03:33 | 21 | 00:33:01 | 21 | 01:36:35 | 84 | 01:36:35 | 22 |
| 23 | 63 | 01:39:51 | Rehbein | Frank-Thomas | 1964 | | | 00:11:19 | 17 | 00:53:27 | 24 | 01:04:47 | 23 | 00:35:03 | 25 | 01:39:51 | 100 | 01:39:51 | 23 |
| 24 | 197 | 01:40:14 | Leue | Mathias | 1965 | | | 00:12:42 | 24 | 00:52:24 | 21 | 01:05:07 | 24 | 00:35:07 | 27 | 01:40:14 | 105 | 01:40:14 | 24 |
| 25 | 232 | 01:40:37 | Stölting | Andreas | 1961 | | | 00:12:58 | 26 | 00:53:52 | 25 | 01:06:51 | 26 | 00:33:46 | 24 | 01:40:37 | 107 | 01:40:37 | 25 |
| 26 | 188 | 01:42:25 | Knobloch | Stefan | 1961 | | | 00:14:26 | 27 | 00:56:07 | 27 | 01:10:34 | 28 | 00:31:51 | 16 | 01:42:25 | 113 | 01:42:25 | 26 |
| 27 | 172 | 01:42:28 | Giesseck | Oliver | 1964 | | | 00:12:57 | 25 | 00:52:58 | 23 | 01:05:55 | 25 | 00:36:32 | 28 | 01:42:28 | 114 | 01:42:28 | 27 |
| 28 | 183 | 01:42:43 | Jasper | Jochen | 1965 | | | 00:12:27 | 22 | 00:55:12 | 26 | 01:07:39 | 27 | 00:35:03 | 26 | 01:42:43 | 115 | 01:42:43 | 28 |
| 29 | 193 | 02:00:21 | Krumhorn | Harry | 1965 | Brinkum Blizzards | | 00:15:03 | 28 | 01:03:56 | 28 | 01:18:59 | 29 | 00:41:22 | 29 | 02:00:21 | 131 | 02:00:21 | 29 |

Volkstriathlon TM-45

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein | Nat. | Schwi. | Pos | Rad | Pos | Sch+Rad | Pos | Lauf | Pos | Ziel | Pos | Endzeit | Pos |
|-----|------|----------|-----------|---------|------|----------------------------|---------|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|
| 1 | 367 | 01:22:04 | Wiese | Lutz | 1960 | Bremer Schwimm-Club v.1885 | | 00:07:16 | 1 | 00:46:17 | 3 | 00:53:33 | 1 | 00:28:30 | 2 | 01:22:04 | 13 | 01:22:04 | 1 |
| 2 | 376 | 01:23:43 | Müller | Heiner | 1959 | SG ERNO Bremen | GER-BRE | 00:08:59 | 2 | 00:45:41 | 1 | 00:54:41 | 2 | 00:29:02 | 3 | 01:23:43 | 19 | 01:23:43 | 2 |
| 3 | 368 | 01:26:20 | Wolking | Klaus | 1959 | TuS Blau-Weiß Lohne | | 00:09:31 | 3 | 00:46:58 | 4 | 00:56:30 | 4 | 00:29:49 | 5 | 01:26:20 | 32 | 01:26:20 | 3 |
| 4 | 365 | 01:29:28 | van Ellen | Rainer | 1959 | Team Pirate | | 00:09:50 | 4 | 00:45:43 | 2 | 00:55:33 | 3 | 00:33:54 | 12 | 01:29:28 | 53 | 01:29:28 | 4 |
| 5 | 353 | 01:30:36 | Reimers | Jürgen | 1960 | TSV Verden | | 00:11:28 | 10 | 00:50:49 | 6 | 01:02:18 | 5 | 00:28:17 | 1 | 01:30:36 | 59 | 01:30:36 | 5 |

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Ergebnis M / W - Altersklassen

Volkstriathlon (0,6 / 26 / 6)

Volkstriathlon TM-45

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein | Nat. | Schw. | Pos | Rad | Pos | Sch+Rad | Pos | Lauf | Pos | Ziel | Pos | Endzeit | Pos |
|-----|------|----------|-----------|------------|------|-------------------|---------|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|
| 6 | 340 | 01:32:23 | Mützel | Peter | 1958 | TuS Rotenburg | | 00:12:34 | 14 | 00:50:23 | 5 | 01:02:58 | 7 | 00:29:25 | 4 | 01:32:23 | 71 | 01:32:23 | 6 |
| 7 | 348 | 01:33:55 | Pelka | Christoph | 1959 | LC 93 Delmenhorst | | 00:10:30 | 6 | 00:52:16 | 7 | 01:02:46 | 6 | 00:31:09 | 8 | 01:33:55 | 73 | 01:33:55 | 7 |
| 8 | 308 | 01:34:47 | Brennecke | Kay | 1958 | 1860 Bremen | | 00:10:59 | 7 | 00:53:20 | 11 | 01:04:20 | 11 | 00:30:26 | 6 | 01:34:47 | 76 | 01:34:47 | 8 |
| 9 | 319 | 01:36:47 | Hacke | Andreas | 1960 | Hase-Team Sande | | 00:11:32 | 12 | 00:52:42 | 8 | 01:04:15 | 10 | 00:32:32 | 9 | 01:36:47 | 85 | 01:36:47 | 9 |
| 10 | 359 | 01:38:32 | Sievers | Holger | 1960 | LG Kreis Verden | | 00:13:33 | 16 | 00:54:10 | 16 | 01:07:43 | 16 | 00:30:49 | 7 | 01:38:32 | 92 | 01:38:32 | 10 |
| 11 | 361 | 01:38:49 | Steen | Matthias | 1960 | | | 00:11:31 | 11 | 00:53:30 | 14 | 01:05:01 | 13 | 00:33:47 | 11 | 01:38:49 | 93 | 01:38:49 | 11 |
| 12 | 323 | 01:39:42 | Hitzbleck | Henrik | 1960 | | | 00:13:06 | 15 | 00:53:28 | 13 | 01:06:35 | 15 | 00:33:07 | 10 | 01:39:42 | 98 | 01:39:42 | 12 |
| 13 | 374 | 01:39:45 | Sander | Karl-Heinz | 1959 | | GER-HAM | 00:11:04 | 8 | 00:52:46 | 9 | 01:03:50 | 9 | 00:35:54 | 14 | 01:39:45 | 99 | 01:39:45 | 13 |
| 14 | 302 | 01:40:02 | Backhaus | Rainer | 1957 | | | 00:10:26 | 5 | 00:52:52 | 10 | 01:03:18 | 8 | 00:36:43 | 15 | 01:40:02 | 103 | 01:40:02 | 14 |
| 15 | 313 | 01:40:37 | Drebing | Bernd | 1960 | TSG Seckenhausen | | 00:11:36 | 13 | 00:54:08 | 15 | 01:05:44 | 14 | 00:34:52 | 13 | 01:40:37 | 106 | 01:40:37 | 15 |
| 16 | 311 | 01:43:23 | Dodenhoff | Harm | 1960 | | | 00:11:14 | 9 | 00:53:26 | 12 | 01:04:41 | 12 | 00:38:41 | 16 | 01:43:23 | 117 | 01:43:23 | 16 |

Volkstriathlon TM-50

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein | Nat. | Schw. | Pos | Rad | Pos | Sch+Rad | Pos | Lauf | Pos | Ziel | Pos | Endzeit | Pos |
|-----|------|----------|------------|-------------|------|-----------------------|------|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|
| 1 | 330 | 01:20:29 | Knülle | Hermann | 1951 | SV Hepstedt/Breddorf | | 00:09:52 | 1 | 00:43:45 | 1 | 00:53:37 | 1 | 00:26:52 | 1 | 01:20:29 | 8 | 01:20:29 | 1 |
| 2 | 306 | 01:23:49 | Böneker | Carsten | 1953 | Lokomotive Duhnen | | 00:10:04 | 2 | 00:44:34 | 2 | 00:54:39 | 2 | 00:29:10 | 4 | 01:23:49 | 20 | 01:23:49 | 2 |
| 3 | 305 | 01:25:07 | Böckmann | Reinhold | 1953 | | | 00:11:22 | 5 | 00:44:48 | 3 | 00:56:10 | 3 | 00:28:56 | 3 | 01:25:07 | 26 | 01:25:07 | 3 |
| 4 | 335 | 01:26:41 | Masemann | Johann | 1952 | TV Bruchhausen-Vilsen | | 00:12:19 | 7 | 00:47:11 | 4 | 00:59:30 | 4 | 00:27:11 | 2 | 01:26:41 | 36 | 01:26:41 | 4 |
| 5 | 346 | 01:34:34 | Paeck | Hans-Jürgen | 1951 | | | 00:14:43 | 11 | 00:48:31 | 5 | 01:03:15 | 6 | 00:31:18 | 5 | 01:34:34 | 75 | 01:34:34 | 5 |
| 6 | 360 | 01:35:16 | Soia | Dieter | 1952 | AOK LT Ganderkesee | | 00:12:44 | 9 | 00:50:12 | 6 | 01:02:56 | 5 | 00:32:20 | 7 | 01:35:16 | 80 | 01:35:16 | 6 |
| 7 | 338 | 01:36:16 | Mücke | Wolfgang | 1955 | Stader SV | | 00:11:40 | 6 | 00:53:06 | 8 | 01:04:47 | 7 | 00:31:29 | 6 | 01:36:16 | 82 | 01:36:16 | 7 |
| 8 | 73 | 01:39:12 | Schumacher | Peter | 1955 | TV Oyten Triathlon | | 00:13:02 | 10 | 00:52:24 | 7 | 01:05:26 | 8 | 00:33:46 | 9 | 01:39:12 | 94 | 01:39:12 | 8 |

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Ergebnis M / W - Altersklassen

Volkstriathlon (0,6 / 26 / 6)

Volkstriathlon TM-50

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein | Nat. | Schw. | Pos | Rad | Pos | Sch+Rad | Pos | Lauf | Pos | Ziel | Pos | Endzeit | Pos |
|-----|------|----------|-----------|--------------|------|-----------------|---------|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|
| 9 | 370 | 01:39:39 | Steinhaus | Gerd | 1951 | | | 00:10:20 | 3 | 00:56:40 | 11 | 01:07:01 | 11 | 00:32:38 | 8 | 01:39:39 | 97 | 01:39:39 | 9 |
| 10 | 352 | 01:39:51 | Renken | Rainer | 1954 | TSV Bremervörde | | 00:11:03 | 4 | 00:54:44 | 10 | 01:05:47 | 9 | 00:34:03 | 10 | 01:39:51 | 101 | 01:39:51 | 10 |
| 11 | 373 | 01:45:19 | Schwall | Bernd | 1953 | SV Stade | GER-NIE | 00:12:40 | 8 | 00:53:24 | 9 | 01:06:05 | 10 | 00:39:14 | 11 | 01:45:19 | 122 | 01:45:19 | 11 |
| 12 | 309 | 01:55:00 | Dahms | Hans-Hermann | 1951 | Ahlhorner SV | | 00:15:26 | 12 | 00:58:44 | 12 | 01:14:10 | 12 | 00:40:49 | 12 | 01:55:00 | 130 | 01:55:00 | 12 |

Volkstriathlon TM-55

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein | Nat. | Schw. | Pos | Rad | Pos | Sch+Rad | Pos | Lauf | Pos | Ziel | Pos | Endzeit | Pos |
|-----|------|----------|------------|------------|------|--------------------|------|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|
| 1 | 343 | 01:25:18 | Neuhaus | Karl-Heinz | 1948 | TV Scheeßel | | 00:08:32 | 1 | 00:45:04 | 1 | 00:53:37 | 1 | 00:31:40 | 2 | 01:25:18 | 27 | 01:25:18 | 1 |
| 2 | 326 | 01:29:11 | Kahle | Hans-Otto | 1949 | TSV Winsen/Luhe | | 00:11:19 | 2 | 00:47:53 | 2 | 00:59:13 | 2 | 00:29:58 | 1 | 01:29:11 | 48 | 01:29:11 | 2 |
| 3 | 310 | 01:41:24 | Dieken | Johann | 1948 | Radsportgruppe TSV | | 00:12:51 | 3 | 00:51:53 | 3 | 01:04:44 | 3 | 00:36:40 | 3 | 01:41:24 | 111 | 01:41:24 | 3 |
| 4 | 327 | 01:45:46 | Kauß | Gernot | 1947 | AOK LT Ganderkesee | | 00:13:27 | 4 | 00:53:45 | 4 | 01:07:12 | 4 | 00:38:33 | 4 | 01:45:46 | 123 | 01:45:46 | 4 |
| 5 | 315 | 02:04:59 | Engelbarts | Cornelius | 1948 | Emden LG | | 00:16:30 | 6 | 01:04:56 | 6 | 01:21:27 | 6 | 00:43:31 | 5 | 02:04:59 | 132 | 02:04:59 | 5 |
| 6 | 318 | 02:06:54 | Gebhardt | Hartmuth | 1947 | TSG Seckenhausen | | 00:14:14 | 5 | 01:02:57 | 5 | 01:17:12 | 5 | 00:49:42 | 6 | 02:06:54 | 133 | 02:06:54 | 6 |

Volkstriathlon TM-60

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein | Nat. | Schw. | Pos | Rad | Pos | Sch+Rad | Pos | Lauf | Pos | Ziel | Pos | Endzeit | Pos |
|-----|------|----------|------------|---------|------|----------------|------|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|
| 1 | 325 | 01:37:46 | Jerrentrup | Uwe | 1941 | WTV Wardenburg | | 00:11:28 | 1 | 00:50:59 | 1 | 01:02:27 | 1 | 00:35:18 | 2 | 01:37:46 | 87 | 01:37:46 | 1 |
| 2 | 347 | 01:45:09 | Papenberg | Herbert | 1943 | TV Süd | | 00:12:38 | 3 | 00:59:53 | 4 | 01:12:31 | 4 | 00:32:37 | 1 | 01:45:09 | 121 | 01:45:09 | 2 |
| 3 | 354 | 01:48:44 | Robers | Josef | 1943 | | | 00:12:27 | 2 | 00:56:47 | 3 | 01:09:14 | 2 | 00:39:29 | 3 | 01:48:44 | 124 | 01:48:44 | 3 |
| 4 | 324 | 01:52:53 | Huntke | Helmut | 1942 | Ahlhorner SV | | 00:15:00 | 4 | 00:55:47 | 2 | 01:10:47 | 3 | 00:42:05 | 4 | 01:52:53 | 127 | 01:52:53 | 4 |

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Ergebnis

M / W - Altersklassen

Volkstriathlon (0,6 / 26 / 6)

Volkstriathlon TM-65

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein | Nat. | Schwi. | Pos | Rad | Pos | Sch+Rad | Pos | Lauf | Pos | Ziel | Pos | Endzeit | Pos |
|-----|------|----------|---------|---------|------|-------------------|------|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|
| 1 | 304 | 01:32:02 | Blauhut | Rolf | 1940 | LC 93 Delmenhorst | | 00:11:47 | 1 | 00:49:08 | 1 | 01:00:55 | 1 | 00:31:06 | 1 | 01:32:02 | 67 | 01:32:02 | 1 |

Volkstriathlon TM-70

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein | Nat. | Schwi. | Pos | Rad | Pos | Sch+Rad | Pos | Lauf | Pos | Ziel | Pos | Endzeit | Pos |
|-----|------|----------|----------|---------|------|-----------------|------|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|
| 1 | 301 | 02:12:19 | Ackemann | Wilhelm | 1928 | LG Kreis Verden | | 00:18:23 | 1 | 01:11:11 | 1 | 01:29:35 | 1 | 00:42:43 | 1 | 02:12:19 | 134 | 02:12:19 | 1 |

Ergebnis M / W - Altersklassen

Volkstriathlon (0,6 / 26 / 6)

Volkstriathlon TW-14

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein | Nat. | Schi. | Pos | Rad | Pos | Sch+Rad | Pos | Lauf | Pos | Ziel | Pos | Endzeit | Pos |
|-----|------|----------|-------|---------|------|-----------------------|------|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|
| 1 | 350 | 01:43:54 | Pensl | Rebecca | 1990 | Triathlon Club Bremen | | 00:08:32 | 1 | 00:58:13 | 1 | 01:06:45 | 1 | 00:37:09 | 1 | 01:43:54 | 20 | 01:43:54 | 1 |

Volkstriathlon TW-20

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein | Nat. | Schi. | Pos | Rad | Pos | Sch+Rad | Pos | Lauf | Pos | Ziel | Pos | Endzeit | Pos |
|-----|------|----------|----------|---------|------|----------------|------|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|
| 1 | 342 | 01:43:48 | Neubauer | Judith | 1985 | LC Hansa Stuhr | | 00:15:28 | 1 | 00:55:31 | 1 | 01:11:00 | 1 | 00:32:48 | 1 | 01:43:48 | 19 | 01:43:48 | 1 |

Volkstriathlon TW-25

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein | Nat. | Schi. | Pos | Rad | Pos | Sch+Rad | Pos | Lauf | Pos | Ziel | Pos | Endzeit | Pos |
|-----|------|----------|--------|---------|------|--------------|------|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|
| 1 | 314 | 01:40:26 | Ehlers | Meike | 1979 | MTV Ashausen | | 00:11:08 | 1 | 00:52:33 | 1 | 01:03:42 | 1 | 00:36:43 | 1 | 01:40:26 | 12 | 01:40:26 | 1 |

Volkstriathlon TW-30

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein | Nat. | Schi. | Pos | Rad | Pos | Sch+Rad | Pos | Lauf | Pos | Ziel | Pos | Endzeit | Pos |
|-----|------|----------|----------|------------|------|------------------------|------|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|
| 1 | 351 | 01:22:07 | Pfeiffer | Ilona | 1975 | Triteam Dissen | | 00:08:22 | 1 | 00:47:47 | 1 | 00:56:09 | 1 | 00:25:57 | 1 | 01:22:07 | 1 | 01:22:07 | 1 |
| 2 | 307 | 01:36:46 | Bötjer | Carmen | 1973 | Uni Triathlöwen Bremen | | 00:10:05 | 2 | 00:51:27 | 2 | 01:01:33 | 2 | 00:35:12 | 4 | 01:36:46 | 7 | 01:36:46 | 2 |
| 3 | 316 | 01:37:16 | Ernst | Christiane | 1975 | | | 00:11:00 | 3 | 00:51:47 | 3 | 01:02:48 | 3 | 00:34:27 | 2 | 01:37:16 | 8 | 01:37:16 | 3 |
| 4 | 317 | 01:42:28 | Gdanielz | Inga | 1971 | | | 00:12:41 | 5 | 00:54:53 | 4 | 01:07:35 | 4 | 00:34:53 | 3 | 01:42:28 | 15 | 01:42:28 | 4 |
| 5 | 362 | 01:44:34 | Stuedte | Swantje | 1972 | | | 00:11:49 | 4 | 00:56:13 | 5 | 01:08:03 | 5 | 00:36:31 | 5 | 01:44:34 | 21 | 01:44:34 | 5 |

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Volkstriathlon (0,6 / 26 / 6)

Volkstriathlon TW-35

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein | Nat. | Schi. | Pos | Rad | Pos | Sch+Rad | Pos | Lauf | Pos | Ziel | Pos | Endzeit | Pos |
|-----|------|----------|-------------------|--------------|------|------------------------|------|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|
| 1 | 366 | 01:27:48 | Walker-Olberding | Nicole | 1968 | TuS Blau-Weiß Lohne | | 00:09:00 | 2 | 00:48:22 | 1 | 00:57:23 | 1 | 00:30:25 | 1 | 01:27:48 | 2 | 01:27:48 | 1 |
| 2 | 333 | 01:32:41 | Kunst | Sabine | 1970 | RVB-Hamburg | | 00:10:57 | 6 | 00:50:19 | 2 | 01:01:17 | 2 | 00:31:23 | 3 | 01:32:41 | 3 | 01:32:41 | 2 |
| 3 | 358 | 01:37:29 | Senger | Ann-Christin | 1966 | TUWAS Wildeshausen | | 00:09:41 | 4 | 00:53:21 | 4 | 01:03:02 | 4 | 00:34:26 | 4 | 01:37:29 | 9 | 01:37:29 | 3 |
| 4 | 345 | 01:38:03 | Pacholke | Manuela | 1967 | TUWAS Wildeshausen | | 00:08:49 | 1 | 00:54:13 | 6 | 01:03:02 | 3 | 00:35:01 | 5 | 01:38:03 | 10 | 01:38:03 | 4 |
| 5 | 356 | 01:38:50 | Schulze-Varnholdt | Elke | 1970 | SV Päpinghausen/Cammer | | 00:09:47 | 5 | 00:58:35 | 7 | 01:08:23 | 7 | 00:30:27 | 2 | 01:38:50 | 11 | 01:38:50 | 5 |
| 6 | 337 | 01:42:43 | Mösta | Wiebke | 1969 | Triathlon Club Bremen | | 00:11:06 | 7 | 00:54:10 | 5 | 01:05:17 | 5 | 00:37:25 | 6 | 01:42:43 | 17 | 01:42:43 | 6 |
| 7 | 303 | 01:43:18 | Bestian | Martina | 1969 | SV Rapid Unilever | | 00:12:29 | 9 | 00:53:10 | 3 | 01:05:40 | 6 | 00:37:37 | 8 | 01:43:18 | 18 | 01:43:18 | 7 |
| 8 | 357 | 01:51:52 | Seiffert | Natascha | 1966 | SC Wildeshausen | | 00:09:27 | 3 | 01:04:56 | 10 | 01:14:23 | 8 | 00:37:28 | 7 | 01:51:52 | 24 | 01:51:52 | 8 |
| 9 | 341 | 01:52:57 | Nagel | Kathrin | 1966 | | | 00:13:05 | 10 | 01:01:34 | 8 | 01:14:40 | 9 | 00:38:17 | 9 | 01:52:57 | 25 | 01:52:57 | 9 |
| 10 | 328 | 01:57:29 | Kehl | Angela | 1966 | | | 00:11:53 | 8 | 01:04:11 | 9 | 01:16:05 | 10 | 00:41:24 | 10 | 01:57:29 | 27 | 01:57:29 | 10 |

Volkstriathlon TW-40

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein | Nat. | Schi. | Pos | Rad | Pos | Sch+Rad | Pos | Lauf | Pos | Ziel | Pos | Endzeit | Pos |
|-----|------|----------|-----------|----------|------|-------------------|------|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|
| 1 | 332 | 01:34:57 | Krumsieg | Dorit | 1965 | | | 00:10:34 | 3 | 00:49:21 | 1 | 00:59:55 | 1 | 00:35:01 | 3 | 01:34:57 | 4 | 01:34:57 | 1 |
| 2 | 349 | 01:35:56 | Pelka | Andrea | 1961 | LC 93 Delmenhorst | | 00:10:33 | 2 | 00:53:59 | 3 | 01:04:32 | 3 | 00:31:23 | 1 | 01:35:56 | 5 | 01:35:56 | 2 |
| 3 | 312 | 01:36:37 | Dodenhoff | Ingeborg | 1964 | | | 00:11:29 | 4 | 00:51:25 | 2 | 01:02:54 | 2 | 00:33:42 | 2 | 01:36:37 | 6 | 01:36:37 | 3 |
| 4 | 320 | 01:48:24 | Hacke | Dörte | 1964 | Hase-Team Sande | | 00:09:42 | 1 | 00:54:51 | 4 | 01:04:34 | 4 | 00:43:50 | 4 | 01:48:24 | 23 | 01:48:24 | 4 |
| 5 | 375 | 02:00:27 | Claßen | Wiebke | 1964 | TUS Sudweyhe | | 00:12:46 | 5 | 01:00:05 | 5 | 01:12:52 | 5 | 00:47:35 | 5 | 02:00:27 | 28 | 02:00:27 | 5 |
| 6 | 344 | 02:15:00 | Noll | Heike | 1962 | | | 00:14:34 | 6 | 01:07:14 | 6 | 01:21:49 | 6 | 00:53:11 | 6 | 02:15:00 | 30 | 02:15:00 | 6 |

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Ergebnis M / W - Altersklassen

Volkstriathlon (0,6 / 26 / 6)

Volkstriathlon TW-45

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein | Nat. | Schw. | Pos | Rad | Pos | Sch+Rad | Pos | Lauf | Pos | Ziel | Pos | Endzeit | Pos |
|-----|------|----------|---------|----------|------|-----------------------|------|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|
| 1 | 369 | 01:42:07 | Hartwig | Angelika | 1956 | Triathlon Club Bremen | | 00:12:47 | 3 | 00:58:46 | 3 | 01:11:33 | 3 | 00:30:33 | 1 | 01:42:07 | 14 | 01:42:07 | 1 |
| 2 | 336 | 01:42:32 | Meiners | Marina | 1960 | TSV Okel | | 00:12:31 | 2 | 00:51:00 | 1 | 01:03:31 | 1 | 00:39:00 | 3 | 01:42:32 | 16 | 01:42:32 | 2 |
| 3 | 339 | 01:48:07 | Mücke | Kerstin | 1958 | Stader SV | | 00:12:47 | 4 | 00:56:40 | 2 | 01:09:28 | 2 | 00:38:38 | 2 | 01:48:07 | 22 | 01:48:07 | 3 |
| 4 | 334 | 01:56:59 | Le Hong | Aluska | 1959 | | | 00:12:09 | 1 | 01:04:03 | 4 | 01:16:13 | 4 | 00:40:46 | 4 | 01:56:59 | 26 | 01:56:59 | 4 |

Volkstriathlon TW-60

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein | Nat. | Schw. | Pos | Rad | Pos | Sch+Rad | Pos | Lauf | Pos | Ziel | Pos | Endzeit | Pos |
|-----|------|----------|------------|-----------|------|--------|------|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|
| 1 | 364 | 01:41:50 | Strohecker | Hendrikje | 1945 | | | 00:13:49 | 1 | 00:54:13 | 1 | 01:08:03 | 1 | 00:33:47 | 1 | 01:41:50 | 13 | 01:41:50 | 1 |
| 2 | 363 | 02:08:22 | Stolle | Hille | 1943 | | | 00:16:09 | 2 | 01:04:57 | 2 | 01:21:07 | 2 | 00:47:15 | 2 | 02:08:22 | 29 | 02:08:22 | 2 |

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Ergebnis
M / W - Altersklassen

Volkstriathlon
(0,6 / 26 / 6)

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